

Devon Kardel

Miss Metro Detroit USA 2019

Devon is currently a Masters Level Clinical Health Psychologist and Certified Brain Injury Specialist. She specializes in treating trauma and PTSD. Devon also currently runs a blog, The Alchemy of Authenticity, and wants to promote total mind/body wellness to build people's self-esteem and create more empathy in the world. She also lifts weights and competed in her first fitness competition this spring, placing third overall. Devon also competes in pageants (winning Miss Michigan USA's congeniality award twice and placed as a top 16 semi-finalist in this year's Miss Michigan USA 2020 Pageant), loves audible and podcasts, and is a huge nerd for Star Wars.